

Are you teaching your child how to deal with failure?

Some parents want to wrap their kids in a protective bubble so they never have to experience failure. Others know that overcoming disappointments can teach valuable lessons.

Are you helping your child learn from failure? Answer yes or no to the questions below:

___1. Do you give your child a chance to solve problems on her own rather than jumping in to help right away?

___2. Do you encourage your child to think about what she could do differently the next time?

___3. Are you a good role model? When you fail at something, do you talk about it and about how to fix it?

___4. Do you help your child keep disappointments in perspective? “You didn’t ace your test, but you earned a higher grade than last time!”

___5. Do you show your child how to be a gracious winner and a good loser?

How well are you doing?

If most of your answers are yes, you are helping your child learn to bounce back from disappointment. For each no, try that idea in the quiz.

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