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# REACH OUT SPEAK OUT

[strathcona.ca/SCspeakout](http://strathcona.ca/SCspeakout)

Do you feel unsafe or scared?  
Do you ever wonder if others feel  
unsafe or scared around you?

**#WHERETOTURN**



## Help is available.

A Safe Place (24hr)	780-464-7233
Family and Community Services	780-464-4044
Saffron Sexual Assault Centre	780-449-0900
Victim Services	780-449-0153



Let's build healthy relationships and end family violence