Show your child how to give meaningful gifts this season

Many people exchange gifts over the holiday season. While children love receiving gifts, they also enjoy being able to give them.

Does your child know that the most meaningful gifts don't have to cost money? They simply take time and come straight from the heart.

Share these thoughtful gift ideas with your child. She could:

- Offer to do chores for an elderly neighbor.
- Record herself reading a book for a younger sibling to listen to while reading.
- Make a list, such as "My 10 Best Memories With Grandpa."
- Play a favorite game with a family member or a neighbor who is homebound.
- Record an audio or video message for a loved one who lives far away.
- Create a playlist with a bunch of her favorite songs to share.
- Bake cookies and deliver them to someone who may not receive many homemade gifts.
- Create a calendar for 2019 and decorate it with personalized artwork, one drawing for each month.
- Make a gift certificate good for two hours of help around the house.
- Create a beautiful picture or poem about a special person.

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